

# ? Movements: *Yoko Ono*

Yoko Ono

*Movements* is a tool designed by the Fondation Phi's Education and Public Engagement team to encourage in-depth explorations of key concepts evoked by the works presented in *Yoko Ono: LIBERTÉ CONQUÉRANTE/GROWING FREEDOM*. By highlighting these points of conceptual departure, the document *Movements* intends to inspire dialogue about the exhibition and encourage visitors to elaborate on the proposed themes through their personal interpretations and reflections. Over time, these concepts are subsequently enriched as they inform new contributions to our evolving conversations about art.

*Movements* also serves as a reminder that an aesthetic experience engages the body—its senses and its movements—as much as the intellect. The body's physical, emotional, and perceptive gestures are intimately linked as we move through the exhibition space and our senses are awakened. The rhythm of our trajectories and changing perspectives also mobilizes our vision; images take shape as our memory and imagination are touched by the emerging aesthetic landscape. *Movements* is thus an invitation for the visitor to become immersed, mind and body, in the Fondation Phi's exhibitions, thereby developing a rich and dynamic understanding of the works.

#### Fondation Phi pour l'art contemporain

451 & 465 Saint-Jean Street  
Montréal, QC, CA H2Y 2R5

Gallery Hours  
Wednesday to Friday from noon to 7 PM  
Saturday & Sunday from 11 AM to 6 PM

Education and Public Engagement  
Department Hours  
Monday to Friday from 9 AM to 5 PM

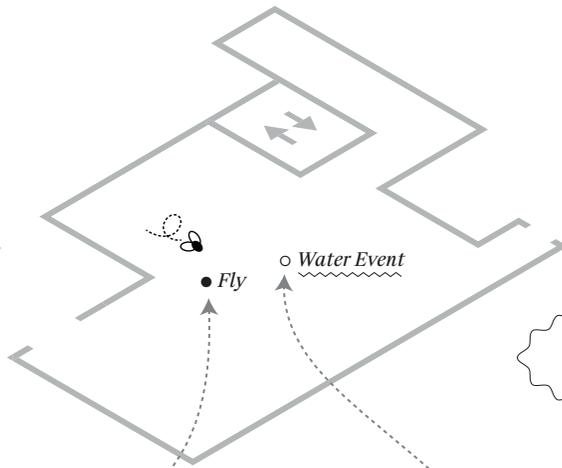
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## G4 NATURE

*Fly*: simultaneously an insect and an action, simultaneously a film, an instruction and a piece of music



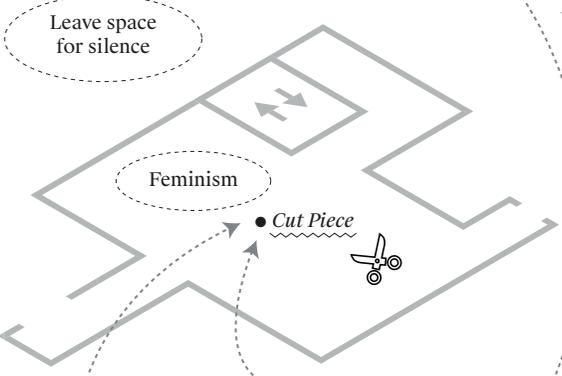
Recurring natural elements in Ono: water, light, air, wind, earth, sun, sky...

*Water Event*: 12 Québécois and Canadian artists are invited to create vessels to collect water

## G3 HYBRIDITY

East/West  
Audience/Performer  
Reconciliation of dualities.  
Destruction of binaries.  
Material/Immaterial  
Shadow/Light

What are some other examples?



Artist and audience participation

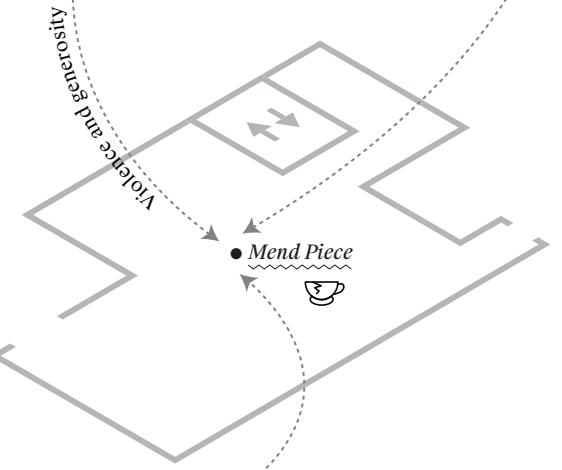


*Grapefruit*: For Ono, the grapefruit is a cross of a lemon and an orange, pointing to her own hybrid identity

## G2 INSTRUCTION

Conceptual art: works for which the idea takes precedence over the making of an object

Poetry  
Haiku  
Score  
Performance



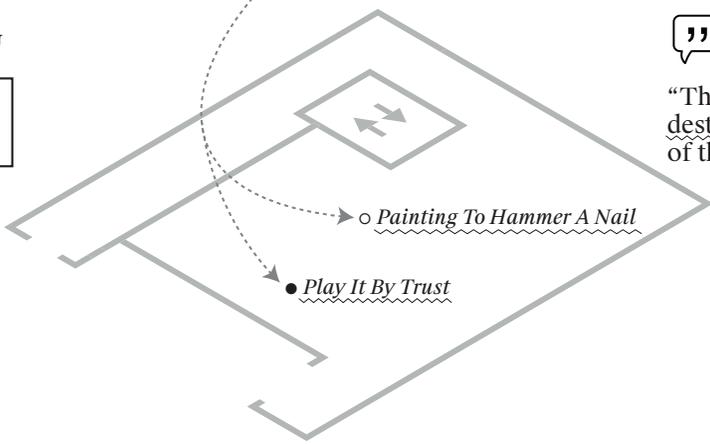
“I discovered that by *instructionalizing* art, you did not have to stick to the two-dimensional or three-dimensional world. In your mind, you can be in touch with a six-dimensional world, if you wished. You can also mix an apple and a desk”

– Yoko Ono

## G1 QUESTIONING

What are some of the preconceived notions that Ono questions in her work?

Questioning the actions performed in the gallery: hammer a nail, climb a ladder, shake a hand, play chess, scream, repair, cough...



“The job of an artist is not to destroy but to change the value of things”

– Yoko Ono